



Violetta is a specialized counselling centre for sexually abused girls and young women.

Only women with pedagogical/psychotherapeutic training work with us.

We offer you:

- Counselling and therapy
- Online counselling
- Crisis counselling
- Psychosocial process support in the case of criminal charges
- Groups (stabilization and relaxation)

Together we will find a way to help you in your situation.



Fachberatungsstelle für sexuell missbrauchte Mädchen und junge Frauen

Arrive to be strengthened....

Wöhlerstraße 42 (Haus C)
30163 Hannover
Phone 0511 855554
info@violetta-hannover.de

Online counselling
www.violetta-hannover.de

Office hours by telephone

Monday 10:00 – 11:00
Tuesday 16:00 – 17:00
Thursday 10:00 – 11:00

At other times you can leave us a message, personal consultation by appointment only.



Englisch



Specialist Counselling Centre for Sexually Abused Girls and Young Women



Call and get help...
Information for girls and young women

Sexual abuse takes many forms...

- Seemingly random touches
- Views and observations
- Words
- Sexual harassment via mobile phone, internet, chat
- Administration of knockout drops
- Direct touching of genitals and other parts of the body
- Rape
- Showing and making pornographic pictures

You have a right to physical integrity!

Neither adults nor adolescents are allowed to do this to you

Often the perpetrators are acquaintances or people you know.

Sometimes women also abuse.

The responsibility for sexual abuse is always borne by the perpetrators!



It's not your fault if someone sexually abuses you!

Often the perpetrators are acquaintances or people you know. Sometimes women also abuse. The responsibility for sexual abuse is always borne by the perpetrators!

You are allowed to get help, even if you are threatened and forced to keep quiet.

You are allowed to get help, even if you feel ashamed and guilty.

Try to talk to someone about it.

Or, contact us directly by telephone or via online counselling.

Every counselling session is strictly confidential, free of charge and anonymous if you wish.

You decide what you want to tell!